GYM BOTIQUE CLUB ATLAS FIT

C/Santa Elena 6, Madrid www.clubatlas.es WhatsApp 686 997 012

HORARIO

LUNES	MARTES	MIERCOLES	JUEVES	VIERNES	SABADO
	CICLO INDOOR 10:00h		CICLO INDOOR 10:00h		
Mantenimiento 11:00h	PILATES 11:00h	Mantenimiento 11:00h	PILATES 11:00h	Pilates 11:00 h	BODYFITNESS 11:15h
					CICLO INDOOR 12:30
GAP 18:30h	PILATES 18:00 h	TRX 18:15h	PILATES 18:00h	GAP 18:30h	
CICLO INDOOR 19:15:h	CICLO INDOOR 19:00h	CICLO INDOOR 19:15h	ABD 19:00 h	FUNCIONAL 19:00h	
ZUMBA 19:15h	Funcional 19:00h	ZUMBA 19:00h	CICLO INDOOR 19:15h	YOGA 20:00h	
HiiT 20:15 h	Bodyfitness 20:00h	BODYCOMBAT 20:00	BODYFITNESS 19:45h		
Kickboxing 19:30		Kickboxing 19:30H			
YOGA 21:00 hs					